



The City of New York Manhattan Community Board 8

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Community Bulletin Board – November 2009

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

The 19th Precinct Community Council will meet on **Monday, November 2, 2009** at 7:00PM, 19th Precinct, 153 East 67th Street (between Lexington and Third Avenues). For more information, contact the 19th Precinct Community Affairs at 212-452-0613 or via email The19pctcouncil@aol.com

Carnegie Hill Neighbors sponsors ***Electronic Recycling Day*** on **Tuesday, November 10, 2009** from 11:00AM to 7:00PM, Church of the Heavenly Rest, 90th Street and Fifth Avenue. For more information, call (212) 996-5520

The East 79th Street Neighborhood Association will meet on **Thursday, November 12, 2009** at 6:45PM, City University of New York (CUNY), 535 East 80th Street, (At East End Avenue) First Floor Board Room. Agenda: Cherokee Post Office Update; Police Report; Con Edison on work at East 75th Street and York Avenue; Elected Officials Report. **All meetings are free and open to the public.**

Gracie Point Community Council and Upper Green Side will sponsor ***Electronic Recycling Day*** on **Sunday, November 22, 2009** from 8:00AM to 3:00PM, Isaacs/Holmes Parking Lot, East 93rd Street and First Avenue. For more information, call (212) 759-6895

Citizens Committee for New York City invites your volunteer-led neighborhood group to apply for block transformation grant that includes a \$500 cash award along with expedited support from multiple city agencies. As part of the grant, your group will be able to select from a range of available city services to be completed within the grant cycle. All grant applications must be submitted by **Monday, November 30, 2009**. For more information, contact Scott Codey at (212) 822-9563, scodey@citizensnyc.org or Alicia Rouault at (212) 822-9558, arouault@citizensnyc.org.

The Upper East Side Greenmarket locations: St. Stephen's Church, East 82nd Street between First and York Avenues, every Saturday from **July 11, 2009 through November 2009**, from 9:00AM to 3:00PM; Stanley Isaacs/Holmes, East 92nd Street and First Avenue, every Sunday from **July 5, 2009 through November 2009**. For more information, please contact the board office.

New York-Presbyterian Hospital/Weill Cornell Medical Center sponsors Free Community Health Talk on *Freedom from Fibroids: Uterine Fibroid Embolization* on **Tuesday, November 10, 2009** from 6:00PM to 8:00PM, New York-Presbyterian Hospital/Weill Cornell Medical Center, 1300 York Avenue (at 69th Street) Conference Room F-539. For more information or to RSVP, please call (212) 752-7999.

New York-Presbyterian Hospital/Weill Cornell Medical Center will hold Health & Wellness Seminars entitled *Staying Strong: Minimizing the Effects of Osteoporosis* on **November 3, 2009**; *Behind the Mirror: Exercising Caution with Items in Your Medicine Cabinet* on **November 10, 2009**; *Aging Well: Optimizing Your Home Environment and to Manage Memory Loss and Prevent Accidents* on **November 17, 2009**. The seminars will be held at the Weill Cornell Medical College, 1300 York Avenue, Uris Auditorium at 6:30PM. The lectures are free and open to the public, for more information, call (212) 821-0888 or visit www.med.cornell.edu/seminars or www.nyp.org.

The Weill Cornell Medical College Myra Mahon Resource Center will hold Health Education Seminars entitled *Health Information on the Internet* on **November 5, 2009**; *Cosmetic Surgery in the New Millennium: Update 2009* on **November 12, 2009**; *Getting Control of Your Anger* on **November 19, 2009**; *Dry Eye Syndrome* on **December 16, 2009**. The seminars will be held at the Weill Greenberg Center, 1305 York Avenue from 6:15PM to 7:15PM. For more information or to RSVP, please call (646) 962-5721 or mmprc@med.cornell.edu or visit www.weillcornell.org/prc.

MFY Legal Services offers free Employment Law Clinics for low-wage and immigrant workers on Fridays from 10:00AM to 3:00PM, September to December 2009, Manhattan Borough President's Northern Manhattan Office, 163 West 125th

Street, 5th Floor. Services are available in English, Spanish and French. To Schedule an appointment, please call (212) 531-1609.

Greater New York Development Co., is a non-profit economic development organization that offers low-cost loans and free technical assistance to small businesses and non-profits. For more information, call (212) 662-8896.

Ogden CAP Properties, LLC is accepting applications for Normandie Court on East 95th Street and Second Avenue for moderate income households. Currently, Normandie Court I has two bedroom apartments available, for individuals and families with an annual income between 49,160 and 61,450, and meet additional requirements for occupancy based on family size, composition, and credit history. For more information, please contact Retha Fort at (212) 468-0229.

The New York City Department for the Aging sponsors the Title V-Senior Community Employment Program. This program serves the Adult-Senior population interested in full or part-time employment. Trainees enrolled in the program receive a wage/ stipend of \$7. 25 an hour for 20 hours per week. To participate in the program applicants must be 55 years of age or older, unemployed, resident of New York City and low income.

The US Department of Treasury and the Federal Reserve Bank Go Direct campaign encourages people who receive Social Security and other federal benefits to help protect themselves from financial crimes by switching from paper checks to direct deposit. For more information, please call Ashley Czernis at (312)-988-2419, or via email aczernis@webershandwick.com or visit www.GoDirect.org.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? If so, consider hiring a Hunter student. **Hunter College's Babysitting Program** is a service that helps the local community while also helping Hunter students find opportunities close to campus. For more information, visit their website www.hunter.cuny.edu/babysitting

LaGuardia Community College Veterans Upward Bound (VUB) Program offers free College Preparation/GED classes to qualified veterans. The program assists veterans at no cost and provides them with the ability to refresh their academic skills. For more information, please call Edith Segovia at (718) 482-5231 or visit www.lagcc.cuny.edu/veterans.

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer free information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dcenyinc.org.

YWCA of New York City Women's Employment Program offers free Computer Training, Domestic Violence Support Group and a Displaced Homemaker Programs. For more information, please call (212) 937-8700.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Mt. Sinai Sexual Assault and Violence Intervention Program (SAVI) needs individuals to become Volunteer Emergency Advocates for survivors of sexual assault and domestic violence. Advocates are on call once a month in Manhattan or Queens to accompany people who have recently been assaulted. For more information please call (212) 423-2140 or (718) 736-1288 or visit www.mssm.edu/SAVI/.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.